

## "Techno – Social Excellence" Marathwada Mitra Mandal's

## **INSTITUTE OF TECHNOLOGY (MMIT)**



Lohgaon, Pune-411047 Accredited with "A Grade" by NAAC

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NSS Outreach Activity: Kirtan Programme for All locals

Date of Activity: 28 January 2024

Place: Vadhu Budruk, Tal-Shirur, Dist - Pune`

In the evening kirtan were organized for all locals of vadhu budruk. Kirtan Performed by Ex. NSS Student Mr. Sachin Somani Maharaj. Kirtan, the practice of chanting the names or mantras of the gods and goddesses, is one of the most important techniques in Bhakti yoga, the yoga of devotion. Jai Uttal has been leading Kirtans worldwide for over thirty years. "These ancient chants," says Jai "contain a transformative power and healing energy. Thus, kirtan's ultimate purpose is to facilitate the awakening and nurturing of one's devotion for the Divine. Because music is particularly potent as a vehicle of conveying one's emotions, music is especially effective at evoking feelings of love for God. Kirtan is therefore viewed as exceptionally powerful when practiced through singing and music.



Kirtan Programme for All locals members of Vadhu Budruk.

**Programme Officer** 

PUNE-47 PUNE-4

Principal